

IESEC

Increasing Employability and Standards of Elderly Caregivers through Specialized Training and Innovative Empowerment



[Framework to elderly caregivers]

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Professional Referential of RVCC (Recognition, Validation and Certification of Competences)

Qualification Code and Designation

Geriatrics Agent – Elder caregiver

Qualification Level from NQF: 2

Qualification Level from EQF: 2

Competence Units

Designation

1. Apply basic health care to the elderly
2. Develop techniques and activities for home and institution entertainment
3. Prevent health issues to the elderly
4. Apply body hygiene care and environment hygiene to the elderly
5. Act in emergency situations
6. Implement measures that promote the well-being of the elderly
7. Implement hygiene care to the surrounding environment
8. Feed the elderly
9. Develop entertainment activities in Nursing homes and Day Centres
10. Promote the autonomy to the elderly affected by hospitalization
11. Apply entertainment techniques to an elderly with mental disease

	Task	Knowledge and Know-how
1. Apply basic health care to the elderly. Elderly health – Basic care		
1.1	Provide basic health care to the elderly adjusting the language and communication techniques	Aging: vital cycle; Social aspects of Aging; Aging, socialization and social rolls; Aging: evolution process; Support networks; Aid groups and institutions; Basic care services; Inherent characteristics of the geriatrics agent: hygiene, personal presentation, language and attitude; Processes of communication and observation; Fundamental principles of deontology and professional ethics; Elderly rights; Communication: transactional analysis.
1.2	Mobilize the proper means and equipment to provide comfort to the elderly	Aging: vital cycle; Social aspects of Aging; Aging, socialization and social rolls; Aging: evolution process; Support networks; Aid groups and institutions; Basic care services; Inherent characteristics of the geriatrics agent: hygiene, personal presentation, language and attitude; Elderly comfort; Fundamental principles of deontology and professional ethics; Elderly rights; Health promotion; Geriatrics: professional practices; Elderly autonomy.
2. Develop techniques and activities for home and institution entertainment. Entertainment at home and in institutions – techniques and activities.		
2.1	Plan and develop entertainment activities with the elderly at home or at institutions	Aging: vital cycle; Social aspects of Aging; Aging, socialization and social roles; Aging: evolution process; Support networks; Aid groups and institutions; Basic care services; Inherent characteristics of the geriatrics agent:

		<p>hygiene, personal presentation, language and attitude; Fundamental principles of deontology and professional ethics; Elderly rights; Communication: transactional analysis; entertainment, entertainment techniques; Social Therapy; Plan entertainment activities with the elderly; Isolation and immovability; Promotion of well-being measures; Entertainment in health institutions.</p>
<p>3. Prevent health issues to the elderly. Elderly health problems prevention.</p>		
3.1	Provide health care, under guidance, to elder in terminal phase	<p>Social aspects of aging; Providing basic care, comfort to the elderly; Fundamentals of Deontology and professional ethics; Elderly rights; Elderly psychology; Health problems; Methods and techniques applied to the terminally ill; Hygiene care; Body hygiene of the elderly; Pathologies of the elderly; Hospitalization of the elderly terminally ill.</p>
<p>4. Apply body hygiene care and environment hygiene to the elderly. Elderly hygiene at home.</p>		
4.1	Organizes the environment, the required material and the elderly for the hygiene care	Provide basic health care, Inherent characteristics to the geriatrics agent: personal hygiene, personal presentation, language, attitude; Comfort of the elderly;
4.2	Provide partial hygiene care to the elderly, according to the degree of dependency	Fundamentals of Deontology and professional ethics; Elderly rights; Sexuality in the elderly;
4.3	Provide total hygiene care to the elder at home, according to the degree of dependency	Health promotion; Hygiene care;
4.4	Execute hygiene measures to living areas and facilities	Pressure ulcers; Promotion of well-being measures;
4.5	Provide hygiene care to the equipment and materials	Body hygiene of the elderly;
4.6	Separate and dispatch garbage	Autonomy of the elderly; General hygiene; Environmental hygiene.
<p>5. Act in Emergency situations. Prevention and first aid geriatrics.</p>		
5.1	Mobilize the proper means and apply first aid in emergency situations	<p>Provide basic health care, Inherent characteristics to the geriatrics agent: personal hygiene, personal presentation, language, attitude; Fundamentals of Deontology and professional ethics; Elderly rights; Health promotion, Health problems; First aid; Promotion of well-being measures; Elderly pathologies; Bio-psychosocial balance of the elderly.</p>
<p>6. Implement measures that promote the well-being of the elderly. Health individual needs in institutional context.</p>		
6.1	Apply suitable procedures to prevent appearance of pressure ulcers	Provide basic health care, Inherent characteristics to the geriatrics agent: personal hygiene, personal presentation, language, attitude, Comfort of the elderly;
6.2	Apply accident prevention techniques	Accident risk, First Aid; Health promotion, Health problems; Pressure ulcers; Promotion of well-being measures;
6.3	Engage the proper means to prevent isolation and immobilization of the	Elderly pathologies.
		<p>Aging: vital cycle; Social aspects of Aging; Aging, socialization and social roles;</p>

	elderly	Aging: evolution process; Support networks; Aid groups and institutions; Fundamental principles of deontology and professional ethics; Elderly person rights; Communication: transactional analysis; Entertainment, entertainment techniques; Social Therapy; Provide basic health care, Inherent characteristics to the geriatrics agent: personal hygiene, personal presentation, language, attitude, Comfort of the elderly; Health promotion; Health problems; Isolation and immovability; Promotion of well-being measures; Elderly pathologies.
7. Implement hygiene care to the surrounding environment. Elderly hygiene in nursing homes and day centres.		
7.1	Perform tasks in the laundry. Washing and drying clothes or provide hygiene care in clothing and in the surroundings of the elderly	Provide basic health care, Inherent characteristics to the geriatrics agent: personal hygiene, personal presentation, language, attitude, Comfort of the elderly; Health promotion; Hygiene care; General hygiene; Promotion of well-being measures: professional practices of geriatrics; Body hygiene of the elderly; Environmental hygiene; Laundry.
8. Feed the elderly. Feed the elderly in nursing homes, day centres and at home.		
8.1 8.2	Collaborate on preparing and making meals Cooperate in distributing and supplying the meals to the elderly	Inherent characteristics to the geriatrics agent: personal hygiene, personal presentation, language, attitude; Health promotion; Health problems; General hygiene; Nutrition and dietetics at home; Promotion of well-being measures; Feed the elderly in nursing homes, day centres and at home; Autonomy of the elderly.
9. Develop entertainment activities in nursing homes and day centres. Entertainment in nursing homes and day centres.		
9.1	Mobilize the means and develops entertainment activities/occupation leisure time in nursing homes and day centres	Fundamental principles of deontology and professional ethics; Elderly person rights; Communication: transactional analysis; Entertainment, entertainment techniques; Social Therapy; Planning entertainment activities in nursing homes and day centres; Entertainment techniques and activities in nursing homes and day centres; Health promotion; Isolation and immovability; Geriatrics professional practices; Entertainment in nursing homes and day centres; Autonomy of the elderly; Entertainment in health institutions.
10. Promote the autonomy to the elderly affected by hospitalization. Pathology and psychosocial effects of hospitalization of the elderly.		
10.1 10.2	Use the suitable means to promote the autonomy of the elderly Apply proper procedures to provide continuity to the health care after discharge, according with received orientation	Aging: vital cycle; Social aspects of Aging; Aging, socialization and social roles; Aging: evolution process; Support networks; Aid groups and institutions; Provide basic health care, Inherent characteristics to the geriatrics agent: personal hygiene, personal presentation, language, attitude, Comfort of the elderly; Fundamental principles of deontology and professional ethics; Elderly rights;

		Sexuality in the elderly; Health promotion; Hygiene care; Pressure ulcers; Promotion of well-being measures; Elderly pathologies; Bio-psychosocial balance of the elderly; Hospitalization: psychosocial effects; Autonomy of the elderly.
11. Apply entertainment techniques to an elderly with mental illness. Entertainment of the elderly with mental illness.		
11.1	Develop entertainment techniques to entertain the elderly with mental illness	Aging: vital cycle; Social aspects of Aging; Aging, socialization and social roles; Aging: evolution process; Support networks; Aid groups and institutions; Provide basic health care, Inherent characteristics to the geriatrics agent: personal hygiene, personal presentation, language, attitude; Fundamental principles of deontology and professional ethics; Elderly rights; Communication: transactional analysis; entertainment; entertainment techniques; Socio therapy; Plan entertainment activities with the elderly; Isolation and immovability; Promotion of well-being measures; Mental illness and resources; Psycho pathology of the elderly; Backup communitarian resources; Entertainment in health institutions; Entertainment of the elderly with mental illness.