

PRESS RELEASE

May 2016

EUROPEAN CONFERENCE STRENGTHENING THE SKILLS OF CAREGIVERS FOR THE ELDERLY

IESEC project key findings and outcomes, cultural pedagogical theater, practical tips and theoretical information will be presented at the European Conference «Caregiving for the Elderly» to be held by Social Enterprise Knowl Greek, on Tuesday, **31 May 2016, at 12.00 pm** at the award-winning "**MEROPEIO Foundation for the Elderly**" in Athens, Greece (Dionissiou Aeropagitou 45).

During the event and in view of celebrating and communicating the IESEC project results and strengthening, at the same time, the knowledge and interpersonal skills of informal, non-formal and formal caregivers for the elderly, several targeted interventions, projection of related audiovisual material, exchanging of views and experiences between ageing experts from Romania, UK, Italy, Portugal, Turkey and Greece, will take place.

The event has been organised by Social Enterprise [Knowl](#) (Greece) in cooperation with all IESEC project partners, namely [APPC](#) (Romania), [CMA Care Quality Consultancy](#) (UK), [Biblioteca di Pace](#) (Italy), [Comune di Firenze](#) (Italy), [ECODE](#) (Spain), [Kerigma](#) (Portugal), [ASPA](#) (Turkey), [TP-Teatern](#) (Sweden), [SPAS](#) (Romania) who will be actively participating in the conference. Apart from the project partners, especially selected speakers – experts in the field of caregiving for the elderly coming from Greece and Europe, such as professors of higher education institutions, gerontologists, psychiatrists, psychologists, policy makers, representatives of institutions and related stakeholders will present related best practices, share their valuable experience and talk on skills considered necessary to improve the life of the elderly and help caregivers address the challenges of their role.

Through theoretical presentations and experiential exercises, the attendees will gain awareness of the IESEC project main outcomes, such as the handbook for informal caregivers, key findings of the focus groups, the model of intervention, local training results, 2 videos developed in the frame of the project using cultural pedagogical theatre techniques as well as medical treatments, caregiving strategies, care management, stress coping mechanisms and other related aspects.

Conference language: English

Entrance: Free

Online registration: Required at <http://www.iesec.eu/register>.

The conference has been organised under the EU co-funded project IESEC for increasing employability and standards of elderly caregivers through specialized training and innovative empowerment. More information at the official project website www.iesec.eu.



Erasmus+

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